Amherst College
Office of Human Resources

JOB DESCRIPTION

Title: Athletic Trainer

Department: Sports Medicine/Athletics Reports to title: Director of Sports Medicine

Full Time: X Part Time: Date Prepared: March 25, 2016

Position Grade: N/A Regular Daily Work Schedule: to

Pay Type: Weekly Monthly X Months Per Year: 10 Hours Per Week: 40
(Summer Months) Months Per Year: Hours Per Week:

1. Summary of Position:

Amherst College Athletic Trainers are highly qualified, multi skilled health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. Athletic Trainers work under the direction of a physician as prescribed by state licensure statutes.

The Athletic Trainer collaborates with Health Center Providers to provide quality athletic training services to all students involved in intercollegiate, intramural, club sports, and recreational activities. In accordance with that charge is the responsibility to provide appropriate sports medicine coverage at assigned intercollegiate practices and athletic events in a medically prudent and gender equitable fashion, as well as offering all students the opportunity for rehabilitation services within the confines of the Sports Medicine Department.

The Athletic Trainer takes appropriate actions to support a diverse workforce and participates in the College’s efforts to create a respectful, inclusive, and welcoming work environment.

Our work is central to the students involved in athletics activities and their needs occur at a variety of times throughout the day, week, and year and in such, a flexible schedule is required. The work schedule varies and corresponds to the athletic activities and involves traveling with teams to events and NCAA tournament championships. Attendance at specified intercollegiate practices and events is required.
2. **Principal Duties and Responsibilities:**

**Patient Care 65%**
- Prevention, evaluation, diagnosis, treatment, and rehabilitation of sports injuries incurred by students involved in intercollegiate, intra mural, and club sports, as well as those involved in physical education classes and recreational sport activities
- Evaluation, treatment, and management of concussions along with Health Center providers
- Provide counseling and education to student athletes
- Administer modality treatments, and creating and supervising rehabilitation regimens
- Application, fitting, and adjustment of protective equipment
- Bandaging, taping, and wrapping of sports injuries
- Understand and assume the risk of physical harm at practices and events from equipment (pucks, sticks, bats, balls etc.) and/or collisions with student-athletes, coaches, and/or referees.
- Abide by Massachusetts Licensure Laws regarding scope of practice and patient confidentiality parameters
- Adhere to policies and procedures as outlined in the Policy & Procedure manual

**Administration 30%**
- Create and maintain medical records for all students treated in the sport medicine facilities
- Process athletics insurance claims
- Communicate with Physicians, Physical Therapists, Various Health Care Professionals, Faculty, Deans, Counselors, Coaches, Administrators, and Students as needed and appropriate
- Comply with NATA Board of Certification “Standards of Professional Practice”
- Maintain National certification and State licensure by complying with professional continuing education requirement as set forth by the National Athletic Trainers Association

**Other 5%**
- Perform other duties/functions as requested

All employees are expected to participate in the College’s efforts to create a respectful, inclusive, and welcoming work environment.

3. **Internal-External Interaction/Communication:**

Internal extensive communication with Health Services Personnel, students, Faculty, Coaches, Administrators, Counseling Center providers and Class Deans regarding appropriate care, academic implications, and other concerns of students in their care.

External Communication with outside medical providers, parents, and representative of other schools regarding appropriate and continuing care of students cared for at Amherst.
4. **Education:** (include certifications and licenses)
   
   **Required:**
   - Master’s Degree
   - Current NATA certification
   - Eligibility for MA State Licensure

   **Preferred:**
   - Certification in advanced rehabilitation technique such as Graston, ART, Joint Mobilization

5. **Experience:** (List specific skills necessary to perform this job)

   **Required:**
   - 3-5 years of relevant athletic training experience
   - Strong verbal and written communication, interpersonal, time-management skills
   - Demonstrated ability to take initiative, work independently and collaboratively
   - Successful completion of pre-employment physical and lift test
   - Experience working with a diverse community

   **Preferred:**
   - Experience with collision sports at the college level

6. **Environmental and Physical Demands:** (Please describe the work environment and unusual physical demands, i.e. lifting requirements.)

   - Assist students of various weights and heights
   - Standing for long periods of time
   - Mobility to quickly respond to an injury across a field; walking, sprinting, and running long distances carrying medical equipment
   - Lift, carry, push, and pull 50 lbs (i.e. medical equipment)
   - Repetitive motions including fingers, hands, wrists, arms, and knees
   - Movements including kneeling, bending, reaching, climbing hills, stairs, and bleachers
   - Outdoor elements including exposure to fluctuations in temperature and weather conditions
   - Hazardous materials including blood borne pathogens, bodily fluids, chemicals
   - Visual – acute concentration/eye-hand coordination

7. **Decision Making:**

   - Athletic Trainers need to make immediate, educated and informed decisions constantly to properly diagnose injuries, assess severity and make immediate decisions regarding emergency care, appropriate treatment needed, and the progressive and safe return to physical activity.
• Mishandling of an injury (e.g. neck injury, seizure, internal injury, asthma) could result in catastrophic injury or death to a student-athlete.

8. **Supervision Exercised/Received:**
Minimal supervision received by the Director of Sports Medicine and Team Physician. Supervision exercised to student athletic trainers in the Westfield State University Athletic Training Curriculum Program, as we are a clinical site affiliation and to Casual Per-Diem Athletic Trainers.

Supervisory Responsibility:  Yes [X]   No  ________

Number of Employees Supervised:  ____casuals only_____