

## Simple Living

Outdoor living professionals set the standard for a **simple, cooperative** approach to:

tent set-up

meal preparation and cleanup

approach to our specially-designed outdoor activities

setup for prayer and worship spaces and campfire experience

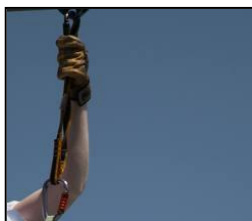


## Outdoor Challenges

low ropes course

survival games and team-building challenges

kayaking, fishing



high ropes course with zipline, or alternate activity

Each retreatant is expected to participate in some way in all activities.

Accommodations are made for differing levels of preparedness and fitness.



## Solid Roman Catholic Links

Prayer, reflection and worship experiences link our adventure with the traditions and teachings of the Church and the Spirit of God moving among us.

Chris Clark, DHM leads our prayer and reflection offerings and will be with the group, making connections throughout the retreat.

Rev. Gary Dailey presides at the opening Mass Friday night in the field, offers the invitation to Reconciliation, and presides during our closing Mass Saturday evening in the Newman Center UMass chapel.



## Registration

This retreat is for up to 35 currently-registered undergraduate students of the Roman Catholic faith at Amherst, Hampshire, Mount Holyoke, Smith Colleges and the University of Massachusetts at Amherst. Full grants are available: see application.

EMAIL application responses or send form via US MAIL to Chris Clark, DHM. Applications must be received by midnight, Wednesday, APRIL 6, 2011. Questions? [cclark.newman@gmail.com](mailto:cclark.newman@gmail.com) or [mcclark@amherst.edu](mailto:mcclark@amherst.edu)



## OUTDOOR ADVENTURE RETREAT

Email application responses: [cclark.newman@gmail.com](mailto:cclark.newman@gmail.com) or send form via US mail to: Chris Clark, Newman Catholic Center, 472 No. Pleasant St., Amherst, MA 01002. Applications must be received by midnight, Wednesday, April 6, 2011.

**\_\_\_ I am a Roman Catholic undergraduate student registered at one of the Five Colleges**

My name:

My email:

My cellphone:

My school:

My anticipated year of graduation:

My latest outdoors-adventure/outdoors-team-building experience:

My latest off-campus retreat/pilgrimage/group prayer experience:

A gift I can offer to the retreat-adventure community:

A grace I intend to ask for:

A staff member of the college/university or of campus ministry who would recommend me for this experience:

Name

Phone

Email

**YES!**

**\_\_\_ I request a full grant to participate in this retreat.**

# Experience



-- Simple living

-- Outdoor invitations and challenges

-- Bonding with fellow students

-- Solid links between our outdoor adventure-retreat experience and Roman Catholic discipleship

## Staffing

The chaplains are Amherst College Catholic Advisor and Newman Center UMass Campus Minister Chris Clark, DHM and Newman Center UMass Director and Diocese of Springfield, MA Director of the Office of Vocations Rev. Gary Dailey.

The outdoor program activities are carried out by the Next Level Adventures staff.

Esselen Peer Minister Sara Deady offers ministry of presence and UMass student and Next Level Adventures staff member Stephen Fydenkevez reflects on his Catholic faith journey with God, neighbor, and nature.

## Shelter, Clothing, Food, Security

The facilities at Camp Wilder are rustic. We will use tents and meals will be simple. Students should bring a warm bunkroll or sleeping bag with pillow; a set of outdoor cool weather clothing and closed-toes shoes or boots; a change of clothes and a second pair of footwear; gloves, hats or sunglasses; a water bottle and sunscreen. Basic food and snacks are provided. Students with special dietary or medical needs should pack for those needs.

Program directors and staff of Next Level Adventures will provide for our safety and security throughout our stay, remaining on watch through the night and leading on-site activities. And there is a warm house on site, should the weather turn cold.



Visit Next Level Adventures at [www.nextleveladventures.net](http://www.nextleveladventures.net)

## Transportation

The retreat begins and ends at Newman Center, UMass (near the Fine Arts Center bus stop). Students may arrange in advance to leave their cars on the UMass campus or take a Five College bus to and from the Newman Center. Transportation is provided to and from our site at Camp Wilder in Springfield, MA. We will travel as a group in the vehicles provided for the retreat.



**Get up, get out, get going!**

# Outdoor Adventure Retreat

*For Roman Catholic Undergraduate Students of the Five Colleges*

4 pm. Friday, April 8 to  
5:30 pm. Saturday, April 9, 2011



**Outdoor Program by: Next Level Adventures**