

FIVE COLLEGES, INC.

Local & Regional Multicultural Resources Guide

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Introduction

Dear Five Colleges Community,

This resource has been developed to assist you in identifying and locating some of the many diversity resources and opportunities in and around the Five Colleges area. This resource is just a quick look at what our region has to offer to individuals who wish to sustain their cultural and ethnic heritage and expand their experiences to the cultures of others.

We hope to provide everyone in our Five Colleges community the opportunity to see why we believe that the Five Colleges area and this region in general, is a wonderful place to spend your student years and a great place to work and live.

With input from many members in the community, we have made an effort to identify as many of these resources as possible, knowing we may not have captured them all and that they will change over time. Therefore, if you know of any culturally diverse businesses, organizations, or services which are not identified in this resource please feel free to contact us and we will consider including your suggestion in our next update.

**Reference herein to any specific dining or food establishment, or any other place of business; religious establishment or place of worship; community based organization; website or blog; school or childcare business or any multicultural Greek organization – does not necessarily constitute or imply its endorsement, recommendation, or favoring by Five Colleges, Inc.. Furthermore; the appearance of external hyperlinks, also does not necessarily constitute or imply its endorsement, recommendation, or favoring by Five Colleges, Inc.*

Diversity & Inclusion Resources

1 World Communication

PO Box 2476

Amherst, MA 01004

413-323-7629

Karuna Center for Peace Building

447 West Street

Amherst, MA 01002

413-256-3800

Undoing Racism (UROC)

www.urocofwesternmass.org/

Association of Latino Professionals for America

www.alpfa.org

Amherst Area NAACP

Po Box 175

Amherst, Ma 01004

amherstnaacp@gmail.com

Center for New Americans

42 Gothic Street

Northampton, MA 01060

413-587-0084

Women's Voices Worldwide

2 Conz Street

Northampton, MA 01060

413-727-3296

Men's Resource Center for Change

PO Box 1275

Amherst, MA 01004

413-253-9887

The Black Men of Greater Springfield, Inc.

PO Box 4342

Springfield, MA 01101

413-773-3029

Casa Latina

140 Pine Street #6
Florence, MA 01062
413-586-1659

MotherWoman

220 Russell Street
Suite 200
Hadley, MA 01035
413-387-0730

NoHo Pride

PO 866
Northampton, MA 01061
413-586-5602

Office of Fraternities and Sororities,
National Pan-Hellenic Council &
Multicultural Greek Council

314 Student Union Building
41 Campus Way
Amherst, MA 01003
413-545-2711

Multicultural Community Services of
the Pioneer Valley

1000 Wilbraham Road
Springfield, MA 01109
413-782-2500

Souljourn Music & Cultural Group

413-218-6789
Heshima.moja@gmail.com

Office of Fraternities and Sororities

University of Massachusetts
Amherst, MA 01003
413-545-2711

Urban League of Springfield, MA

1Federal Street Bldg. 111-3
Springfield, MA 01105
413-739-7211

MA Latino Chamber of Commerce

1655 Main Street #201
Springfield, MA 01103
413-746-1989

TRGGR Media Collective - The
Aesthetics of Justice

Contact: www.trggr.com

Latino Scholarship Fund

Scholarship Administrator

Community Foundation of Western MA

PO Box 15769

Springfield, MA 01115

Phone: (413) 732-2858

Community Foundation of Western MA

Scholarship Fund

Tower Square, Suite 2300

1500 Main Street, PO Box 15769

Springfield, MA 01115

Places of Worship

Protestant

Goodwin AME Zion Church

41 Woodside Avenue

Amherst, MA 01002

413-256-1885

First Baptist Church

434 North Pleasant Street

Amherst, MA 01002

413-549-3496

Bethel AME Church

27 Pendleton Ave.

Springfield, MA 01109

413-734-7611

Mercy House Baptist Church

365 North Pleasant Street

Amherst, MA 01002

413-548-9474

First Baptist Church

North Pleasant Street

Amherst, MA 01002

413-549-3596

First Congregational Church

165 Main Street

Amherst, MA 01002

413-253-3456

South Congregational Church

1066 Southeast Street

Amherst, MA 01002

413-253-2977

United Congregational Church

193 Northampton Street

Easthampton, MA 01027

413-527-7564

Jewish

Jewish Community of Amherst

742 Main Street

Amherst, MA 01002

413-256-0160

Hillel House

388 North Pleasant Street

Amherst, MA 01002

413-549-1710

Chabad-Lubavitch of Northampton

81 Milton Street

Northampton, MA 01060

413-582-0033

Congregation B'nai Israel

253 Prospect Street

Northampton, MA 01060

413-584- 3593

Beit Ahavah

182 Main Street

Northampton, MA 01060

413-587-3770

Islam

Hampshire Mosque

1 East Pleasant Street

Amherst, MA 01002

413-548-8865

Muhammad Mosque

727 State Street

Springfield, MA 01109

413-827-7691

Catholic

St. Brigid's Catholic Church

122 North Pleasant Street

Amherst, MA 01002

413-253-7935

Newman Center

472 North Pleasant Street

Amherst, MA 01002

413-549-0401

St. Valentine's Church

127 King Street

Northampton, MA 01060

413-584-0133

Sacred Heart Church

435- Maple Street

Holyoke, MA 01040

413-532-2182

St. Patrick's Church

30 Main Street

South Hadley, MA 01075

413-532-2850

Our Lady of the Sacred Heart

52 Rosewell Street

Springfield, MA 01109

413-783-9150

St. Francis Catholic Church

24 Jabish Street

Belchertown, MA 01007

413-323-6272

Episcopal

Grace Church Parish

Boltwood Walk

Amherst, MA 01002

413-256-6754

St. John's Episcopal Church

48 Elm Street

Northampton, MA 01060

413-5841757

Non-Denominational

College Church

48 Pomeroy Terrace

Northampton, MA 01060

413-586-0057

Grace United

The Clarion, 1 Atwood Drive

Northampton, MA 01060

413-320-5637

Unitarian/Universalist

Unitarian Society of Northampton

220 Main Street

Northampton, MA 01060

413-584-1390

Pentecostal

Iglesia Pentecostal Jehova

256 Maple Street

Holyoke, MA 01040

413-650-0200

New Hope Church-God in Christ

629 South Sumner Street

Holyoke, MA 01040

413-533-7868

Quaker Society

Friends Meetings Mt. Toby

194 Long Plain Road

Leverett, MA 01054

413-548-9188

Buddhism

Buddhist Temple Fitchburg

159 Richardson Road

Fitchburg, MA 01420

978-342-8718

Northampton Friends Meeting

43 Center Street Ste 202

Northampton, MA 01060

413-587-4622

The New England Peace Pagoda

100 Cave Hill Road

Leverett, MA 01054

413-367-2202

Hinduism

Baps Northeast

605 Silver Street

Agawam, MA 01001

413-786-4878

Barbershops & Salons

Global Cuts

460 West Street
Amherst, MA 01002
413-253-9419

Millennium Hair Salon

31 Campus Plaza Road, Ste #5
Hadley, MA 01035
413-253-3300

Patrick & Co.

102 Russell Street
Hadley, MA 01035
413-586-7477

Amherst Barbers

69 Main Street
Amherst, MA 01002
413-253-1722

Matt's Barber Shop

59 Boltwood Walk
Amherst, MA 01002
413-253-2887

Waves

154 North King Street
Northampton, MA 01060
413-584-0060

In Vogue Salon

2092 Memorial Drive
South Hadley, MA 01075
413-534-6882

Village On Main, Inc.

213 Main Street
Northampton, MA 01060
413-584-4644

Beaute Within Salon & Day Spa

546 Sumner Avenue

Springfield, MA 01108

413-736-5747

La Prestiges Salon and Spa

553 Union Street

West Springfield, MA 01089

413-301-6755

Amherst Extensions and Beauty Salon

460 West Street

Amherst, MA 01002

413-883-7284

Head Games Beauty Supply

67 North Pleasant Street 2nd Floor

Amherst, MA 01002

413-253-7478

Valle vale int Hair & Nails

801 Liberty Street

Springfield, MA 01104

Entertainment

Theaters

Amherst Cinema Arts Center

28 Amity Street

Amherst, MA 01002

413-253-2547

Cinemark Hampshire Mall

367 Russell Street

Hadley, MA 01035

413-587-4237

South Hadley's Tower Theaters

19 College Street

South Hadley, MA 01075

413-533-3456

Night Life

Pearl Street

10 Pearl Street

Northampton, MA 01060

413-584-7771

Hinge

48 Main Street

Northampton, MA 01060

413-727-8561

Divas

492 Pleasant Street

Northampton, MA 01060

413-586-8161

Shakago's

23 Hampden Street

Springfield, Ma 01103

413-781-8885

Pyur Night Club

113 Allyn Street

Hartford, CT 06103

860-293-0771

Music

Jose Gonzalez & Criollo Clasico

26 The Hollow

Amherst, MA 01002-3801

413-253-9639

DJ Trends (David Hall)

Reggae, Hip-Hop, R&B, Latin, etc.

Contact: Djtrends@gmail.com

Medical/Counseling, Housing & Legal

Medical

Dr. Shirley Whitaker, Nephrologist

100 Wason Ave. Suite 200

Springfield, MA 01107

413-733-9666

Dr. Bruce Bynum, Clinical Psychologist

127 Hills North 111 Thatcher Road

Amherst, MA 01003

413-545-2337

Dr. Patricia Romney, Clinical
Psychologist

495 West Street

Amherst, MA 01002

413-219-1144

Counseling

Creative Coaching Connections

Jacquelyn Smith-Crooks

Life Coach/Educational Consultant

413-256-0104

Jsmithc870@aol.com

Housing

Matthew Ahmed, Jones Realty

200 Triangle Street

Amherst, MA 01002

413-549-3700

Leona Thomas, Jones Realty

200 Triangle Street

Amherst, MA 01002

413-549-3700

Aisjah Flynn, Five College Realtors

190 University Drive

Amherst, MA 01002

413-549-555

Wanda Pierce, Timber Real Estate

295 High Street Suite 201

Holyoke, MA 01040

413-232-1491 Ext. 103

Schools & Childcare

Public

Amherst

Amherst Pelham Regional Schools

170 Chestnut Street

Amherst, MA 01002

413-362-1810

Belchertown

Belchertown Public Schools

14 Maple Street

Belchertown, MA 01007

413-323-0423

Pelham

Pelham Elementary School

45 Amherst Road

Pelham, MA 01002

413-253-3595

Hadley

Hadley Public Schools

125 Russell Street

Hadley, MA 01035

413-586-0822

South Hadley

South Hadley Public School

116 Main Street

South Hadley, MA 01075

413-538-5060

Northampton

Northampton Public Schools

221 Main Street 2nd Floor

Northampton, MA 01060

413-587-1315

Independent/Pre-school/Special Needs

The Common School (K-7)

521 South Pleasant Street

Amherst, MA 01002

413-256-8989

Amherst Montessori School (PK-6)

27 Pomeroy Lane

Amherst, MA 01002

413-253-3101

The Hartsbrook School (NS-12)

193 Bay Road

Hadley, MA 01035

413-586-1908

The Williston-Northampton School (7-12)

19 Payson Avenue

Easthampton, MA 01027

413-529-3241

Clarke Schools for Hearing and Speech (PK-8)

45 Round Hill Road

Northampton, MA 01060

413-584-3450

Spring Street (Pre-S)

64 Spring Street

Amherst, MA 01002

413-256-8442

Lander Grinspoon Academy (Jewish) (PK-6)

257 Prospect Street

Northampton, MA 01060

413-584-6622

Cushman Scott Children's Center (PS)

71 Henry Street

Amherst, MA 01002

413-549-1167

Hallmark Developmental School (SN)

737 Bridge Street

Northampton, MA 01060

413-586-3300

Pioneer Valley Performing Arts (PVPA)

15 Mulligan Drive

South Hadley, MA 01075

413-552-1580

The Paulo Freire Social Justice
Charter School

161 Lower Westfield Road

Holyoke, MA 01040

413-536-3201

Amherst Pleasant Meadow (CC)

956 North Pleasant Street

Amherst, MA 01002

413-549-4785

Restaurants & Markets

AFRICAN

Baku's Restaurant

197 North Pleasant Street

Amherst, MA 01002

413-253-7202

EAST & SOUTH ASIAN

Ginger Garden

351 Northampton Road

Amherst, MA 01002

413-256-6666

Panda East Chinese Restaurant

103 North Pleasant Street

Amherst, MA 01002

413-256-8923

Oriental Flavor

25 South Pleasant Street

Amherst, MA 01002

413-253-7673

Amherst Chinese Restaurant

62 Main Street

Amherst, MA 01002

413- 253-7835

Zhang's Kitchen

460 West Street

Amherst, MA 01002

423- 253-0584

Fresh Side Eatery & Teas

39 South Pleasant Street

Amherst, MA

413-256-0296

Miss Saigon

96 North Pleasant Street

Amherst, MA 01002

413-253-9988

Sakura Buffet

261 North King Street
Northampton, MA 01060
413-587-0388

China Wok Express

150 King Street
Northampton, MA 01060
413-586-8220

Men Fen Kitchen

11 Main Street
Belchertown, MA
413-323-8228

Osaka Restaurant

7 Old South Street
Northampton, MA 01060
413-587-9548

Noodles Restaurant

257 Main Street
Northampton, MA 01060
413-587-4070

Moshimoshi

4 Main Street
Northampton, MA 01060
413-586-5865

Banh Mi Saigon

18 Main Street
Northampton, MA 01060
413-727-3783

India House

45 State Street
Northampton, MA 01060
413-586-6344

Iya Sushi and Noodle Kitchen

Village Commons, 15 College St.
South Hadley, MA 01075
413-538-8222

Thai Garden

2 Bridge Street

Northampton, MA 01060

413-587-3336

House of Teriyaki Japanese
Restaurant

1177 North Pleasant Street

Amherst, MA 01002

413- 549-3666

Arigato Japanese Restaurant

11 North Pleasant Street

Amherst, MA 01002

413-253-1070

Mom's Dumpling and Noodle

61 Main Street

Amherst, MA 01002

413-835-0665

Paradise of India

87 Main Street

Amherst, MA 01002

413-256-1067

Wong Garden

147 North Main Street

Belchertown, MA 01007

413-323-6200

Main Moon Chinese Restaurant

Village Commons, 11 College Street

South Hadley, MA 01075

413-533-8839

Taipei & Tokyo Restaurant

16 Crafts Street

Northampton, MA01060

413-582-1888

Zen Restaurant

41 Main Street

Northampton, MA 01060

413-582-6888

Teapot Restaurant

116 Main Street

Northampton, MA 01060

413-585-9308

Crazy Noodles

36 Main Street

Amherst, MA 01002

413-253-3287

Mom's House Chinese Market

318 College Street

Amherst, MA 01002

413-253-1868

LATINO & CARIBBEAN

El Comalito

460 West Street

Amherst, MA 01002

413-259-9999

Thai Corner

31 Boltwood Walk

Amherst, MA 01002

413-253-1639

La Veracruzano Restaurant

63 South Pleasant Street

Amherst, MA 01002

413-253-6900

Shiki Asian Fusion

48 Russell Street

Hadley, MA 01035

413-585-8989

Mission Cantina

485 West Street

Amherst, MA 01002

413-253-3580

Wing Wong

Russell Street # 11

Hadley, MA 01035

413-584-4488

Bueno Y Sano Restaurant

1 Boltwood Walk
Amherst, MA 01002
413-253-4000

La Veracruzano Mexican Restaurant

31 Main Street
Northampton, MA 01060
413-586-7181

Puerto Rico Bakery II

214 Armory Street
Springfield, MA 01104
413-732-0259

ITALIAN

Pasta E Basta

26 Main Street
Amherst, MA 01002
413-256-3550

Bertucci's Restaurant

51 East Pleasant Street
Amherst, MA 01002
413-549-1900

Papa Gino's

48 North Pleasant Street #3
Amherst, MA 01002
413-253-7515

Alina's Restaurante

56 Russell Street
Hadley, MA 01075
413-584-8000

Spoletto Express

225 King Street
Northampton, MA 01060
413-586-8646

Mulinos Trattoria

45 Strong Avenue
Northampton, MA 01060
413-586-8900

Viva Fresh Pasta

249 Main Street

Northampton, MA 01060

413-586-5875

La Trattoria Restaurant

37 State Street

Belchertown, MA 01007

413-323-0706

Roberto's Restaurant

223 Pleasant Street

Northampton, MA 01060

413-584-0204

Mimmo's Restaurant

71 Pleasant Street

Northampton, MA 01060

413-584-1711

SOUL FOOD

Penny's Slammin' Soul Food Kitchen

606 Page Blvd.

Springfield, MA 01104

413-301-8178

The Russell Restaurant

103 Pratt Street

Hartford, CT 06103

860-727-4014

A&M Southern Comfort

1677 Main Street

Springfield, MA 01103

413-205-2191

Chef Wayne's Big Mamou

61 Liberty Street

Springfield, MA 01103

413-732-1011

MEDITERRANEAN

Nadim's Mediterranean Restaurant

1390 Main Street

Springfield, MA 01103

413-737-7373

Moti Persian Mediterranean Restaurant

25 North Pleasant Street

Amherst, MA 01002

413-259-2150

Area Multicultural Performing Arts

Onawumi Jean Moss

The Soulful Story Teller

PO Box 2606

Amherst, MA 01004

413-575-4277

Eshu and Motoko

A Unique Collaboration

<http://www.folktales.net/joint-site/index.html>

Crossing the Waters Cultural
Exchange Institute

Ingrid Askew, Director

www.facebook.com/pages/Crossing-The-Waters-Cultural-Exchange-Institute/428709863849903

Area Recreational and Community

Am-Fam Network

Community Connections

Contact: CustardM@arps.org

The P.L.A.Y Academy (Planned Learning Achievement for Youth)

www.theplayacademy.net

413-585-0549

Carrington Tennis Academy

893 West Street

Amherst, MA 01002

lexcarringtonsh@gmail.com

413-219-5609

Walking Divas Women's Group

Women of Color Walkers

Contact: xmhernandez@aol.com

Other Minority-Owned Businesses

Consulting & Training

Romney Associates, Inc.

Tapping People Potential

64 Carriage Lane

Amherst, MA 01002

413-253-5630

Instruction and Tutoring

Hazelle Catherine Bass Institute for
the Arts

34 The Hollow

Amherst, MA 01002

413-256-8739

Event Planning

You're Cordially Invited, Inc.

Maureen Raab

invited@partypuzzle.com

413-256-8172

Retail

Amherst Typewriter & Computer

41 North Pleasant Street

Amherst, MA 01002

413-253-7122

Transportation

Ambassador Taxi & Transportation

400 Amity Street, Suite #2

Amherst, MA 01002

413-345-8912

Information/News

AfAm Point of View Community News

688 Boston Post Road

Springfield, MA 01119

413-796-1500

El Sol Latino News

PO Box 572

Amherst, MA 01004

WWW.FACEBOOK.COM/PAGES/EL-SOL-LATINO/280862535259910?SK=INFO&TAB=OVERVIEW