

Plan for Completing the Psychology Major

Name: _____

Requirements: circle those completed and fill out the grid on the other side for those to be taken

- **Psych 100 - Psych 100 must be completed by the end of sophomore year.**
*Students who scored a 4 or 5 on the AP Psych Exam, 5 or higher on the IB Psych exam, or completed an introductory psychology course at another college or university have placed out of Psych 100 and **may not** take it. They must still take 9 psychology courses to complete the major, so they must add a course in place of Psych 100.*
- **Psych 122 - Psych 122 must be completed by the end of sophomore year.**
*Students who scored a 4 or 5 on the AP Stats Exam or who took STAT 111 or 135, ECON 360, or a statistics course at another college or university have placed out of Psych 122 and **may not** take it. They must still take 9 psychology courses to complete the major.*
- **Psych 200 (Research Methods) or a lab class (Psych 201-209) -The methods/lab class must be completed by the end of junior year.**
- **1 Distribution course in Biological Psychology** (211 – Cognitive Neuroscience; 212 - Behavioral Neuroscience; OR 213 - Neuroscience: Systems and Behavior)
- **1 Distribution course in Cognitive/Developmental Psychology** (227 – Developmental; 233 – Cognitive; OR 236 – Aging)
- **1 Distribution course in Social/Personality/Clinical Psychology** (220 – Social; 221 – Personality; OR 228 - Abnormal)
- **1 seminar in at least TWO of the groups below. Notes: Students who write a thesis can count that toward one seminar requirement in that area. Each of these seminars has a distribution area course as a prerequisite that must be taken prior to the seminar:**
 - **Area 1: Biological** – Psychopharmacology (325); Neurophysiology of Motivation (356); Consciousness (PSYC 361); Human Neuroscience (367)
 - **Area 2: Clinical** – History of Psychiatry (357); Psychology of Attachment (365), Child and Adolescent Psychopathology (364)
 - **Area 3: Cognitive** – Music Cognition (366); Autobiographical Memory (368)
 - **Area 4: Personality** – Personality and Political Leadership (338); Psychological Assessment (353)
 - **Area 5: Social** – Close Relationships (354); Psychology and the Law (363)
 - **Area 6: Developmental** – Development of Nonverbal Communication (362)
- **One additional course** – of any type, including those above; see the complete list at: <https://www.amherst.edu/academiclife/departments/psychology/major>
In many cases, a psychology course taken at the Five Colleges or on a study abroad program may count toward the major, by previous arrangement with your advisor.

Complete the table below with courses you will take to complete the psychology major.

	Fall	Spring
Sophomore		
Junior		
Senior		