Psychology Major Requirements

9 Classes Total

- 3 foundational classes
- 3 distribution classes in three different areas
- 2 seminars in two different areas
- 1 additional class (i.e., an elective, an extra distribution or seminar, or honors work)

Foundational courses

- Psych 100 - Introduction (by end of sophomore year)
- Psych 122 – Statistics (or another college statistics class; by end of sophomore year)
- A research methods or lab class: Psych 200 – Research Methods, Psych 204 – Emotion, Psych 205 – Sex Differences, Psych 206 – Psychology of Play, Psych 208 – Creativity (by end of junior year)

Distribution classes (one course from each group)

**Area 1: Biological**
- Psych 211 – Cognitive Neuroscience
- Psych 212 – Behavioral Neuroscience
- Psych 213 – Neuroscience: Systems & Behavior

**Area 2: Developmental/Cognitive**
- Psych 227 – Developmental
- Psych 233 – Cognitive

**Area 3: Social/Personality/Clinical**
- Psych 220 – Social
- Psych 221 – Personality
- Psych 228 – Clinical

**NOTE**
Each of the seminars requires one of the distribution courses, so read the seminar descriptions to help in choosing which distribution course to take.

Seminars (one course from two of the groups)

**Area 1: Neuro**
- Psych 317 – Appetite
- Psych 325 – Psychopharmacology
- Psych 361 – Consciousness & the Brain
- Psych 367 – Human Neuroscience

**Area 2: Clinical**
- Psych 342 – Stress
- Psych 364 – Child & Adolescent Clinical Psychology
- Psych 369 – Psychotherapy: Theory & Practice

**Area 3: Cognitive**
- Psych 366 – Music Cognition
- Psych 368 – Autobiographical Memory

**Area 4: Personality**
- Psych 338 – Personality & Political Leadership
- Psych 353 – Understanding Individuals

**Area 5: Social**
- Psych 351 – Psychology of Diversity
- Psych 354 – Close Relationships
- Psych 363 – Psychology & the Law

**Area 6: Developmental**
- Psych 323 – Risk & Resilience
- Psych 331 – Childhood and Adolescence
- Psych 362 – Nonverbal Communication

Electives

- Psych 224 – Intergroup Dialogue on Race
- Psych 235 – Sport Psychology
- Psych 247 – Health Psychology