# Biological Building Blocks I

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#### What are we made of?

- Chemical Bonds
  - Covalent and Ionic
- Important Biological Molecules
  - Carbohydrates
  - Fats and Membranes
    - Energy storage and compartmentalization
  - Amino Acids
    - Building blocks of proteins/enzymes
  - Nucleic Acids
    - Building blocks of DNA and RNA

## Observation

### Solid to Solution

- Both sugar and salt "go into solution"
  - Solvent being water
  - Solute being sugar or salt
- But what really happens to them then?

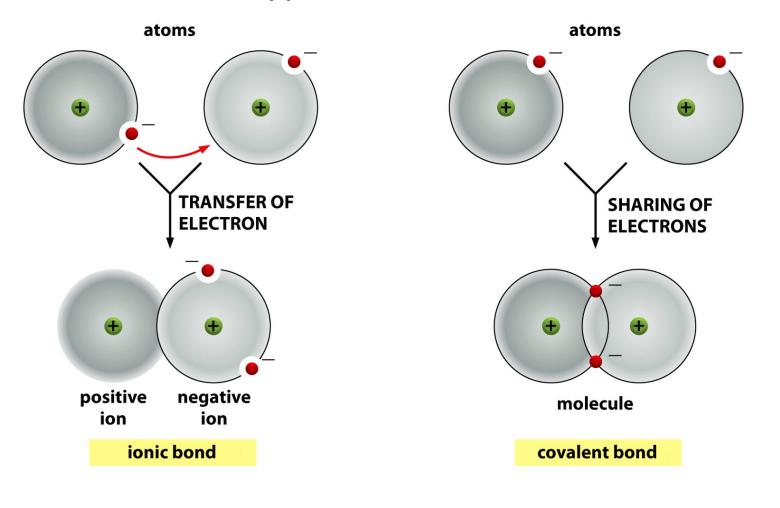
- If you could observe with your eyes:
  - Na+ and Cl- molecules surrounded by water
  - $-C_{12}H_{22}O_{11}$  surrounded by water

# Why does salt "dissociate" and sugar stay together?

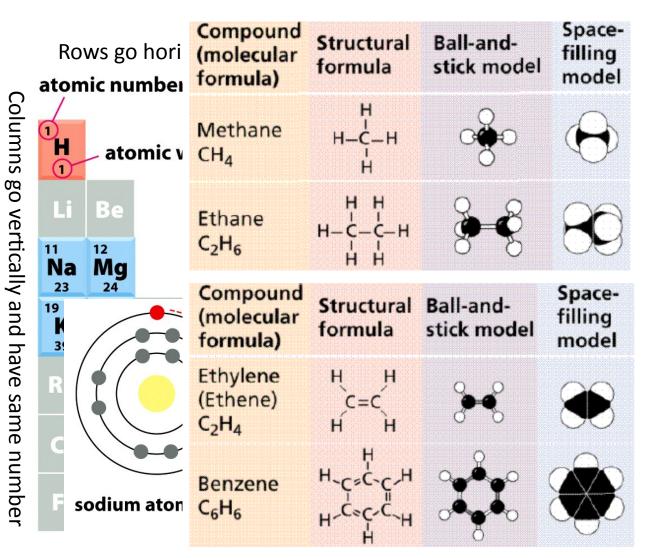
- All about the types of bonds molecules form
  - <u>Ionic Bonds:</u> Very strong electrostatic attraction
    - Although very strong, water can break them apart
  - Covalent Bonds: Sharing of electrons between atoms
    - weaker than ionic, but can not be broken by water (example sugar)
    - only outermost electrons (valence) interact
    - Single bonds: weaker bonds, longer, and atoms can rotate
    - Double bonds and Triple bonds: stronger, shorter bonds: atoms can not rotate (bond is more rigid)

# Why does salt "dissociate" and sugar stay together?

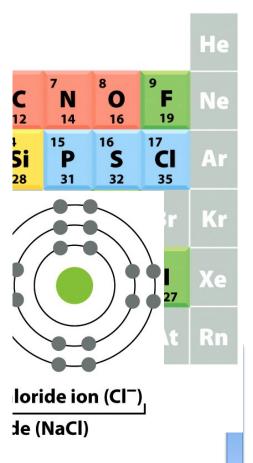
All about the types of bonds molecules form



### It all comes back to the periodic table



e; 3<sup>rd</sup> row..



Images from Purves et al., Life: The Science of Biology, 4th Edition, by Sinauer Associates (www.sinauer.com) and WH Freeman (www.whfreeman.com

Figure 2-8a Essential Cell Biology

of electrons in their valence shells

# Covalent bonds and number of electrons

#### **Valence Number:**

- 1. Valence number of an element is the typical number of bonds it makes with other atoms.
- 2. Each element is different in the number of bonds it prefers to make. Why?
- 3. Each single bond is made of two shared electrons.

#### **Valence Electrons:**

- 1. How do you determine the number of valence electrons owned by each element?
- 2. When bonds are made, each atom tries to fill up its outer shell.
- 3. The number of electrons needed to fill up the outer shell is two (1st Row), eight (2nd Row), or sixteen (3rd row)

Atom	С	Н	0	S	N	Р	CI	
Valence (# bonds)	4	1	2	2*	3	5	1*	
# Lone pairs	0	0	2	2	1	0	3	
Total val electrons	8	2	8	8	8	10	8	

S and CI can have more than eight electrons in their valence shells.

# To understand Biological Molecules, we need to understand bonding

- To understand bonding, we need to understand electrons:
- 1. For a neutral atom, the number of electrons equals the number of protons
- 2. For a neutral atom, the total number of electrons is the same as the atomic number
- 3. Inner shell electrons are buried and don't interact with the environment
- 4. Outershell (valence) electrons can be shared in bonds or unshared in lone pairs
- 5. The number of outershell electrons is the same for each of the elements in a column in the periodic table

# How is Bonding related to Valence?

**Example Molecules** 

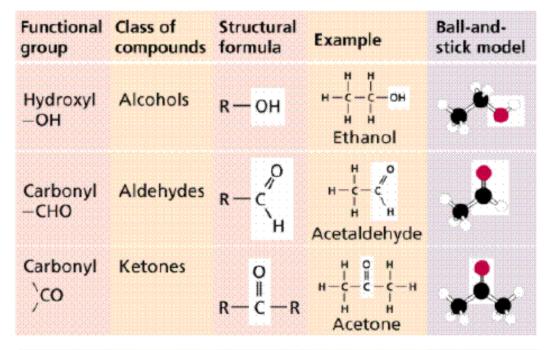
Look for number of bonds:

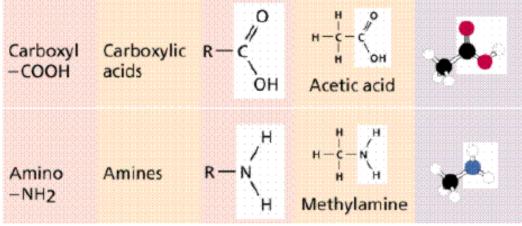
Hydrogen

Oxygen

Carbon

Nitrogen





# Sugars we know

- Table sugar (cane or beet sugar)
  - Crystallin Sucrose, a disaccharide of glucose and fructose

- High Fructose Corn Syrup
  - Mostly a mix of fructose and glucose in water

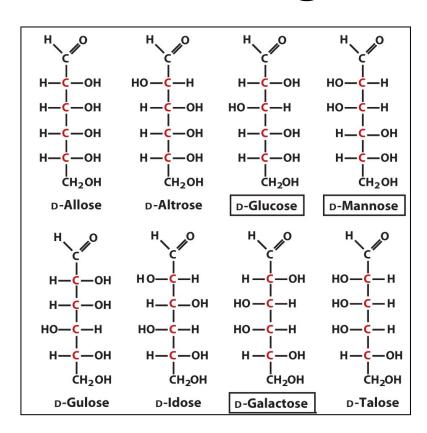
#### Some sweet basics

- All sugars have the suffix: -ose
- Are carbohydrates (means carbon plus water)
- Two classes of simple sugars
  Keto

- Simple sugars can contain 5 or 6 carbons
  - Hexose or pentose

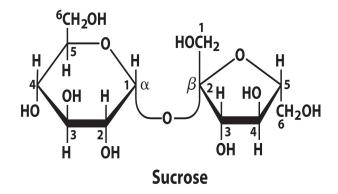
## Some Hexose and Pentose sugars

- Carbohydrates
  - -CH<sub>2</sub>O
- Sugars like to cyclize
  - Straight Chain
  - Ring form



# Sugars get complex

- "Complex Carbohydrates"
  - Disaccharides and Oligosaccarides



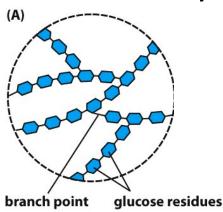
Biology can link different simple sugars together to make new molecules for different tasks.

## Two Complex Uses of Sugars

- Glycogen
  - Easily accessed source of glucose
  - Controlled storage and release
    - Amount of glucose in blood
    - Insulin, used to trigger glucose storage
- Blood Type

# Glycogen

- Primary polysaccharide used to store energy
  - Primarily stored in the liver and muscles
  - Polymer of thousands of glucose molecules
- Reservoir of stored energy
  - About enough to last one day



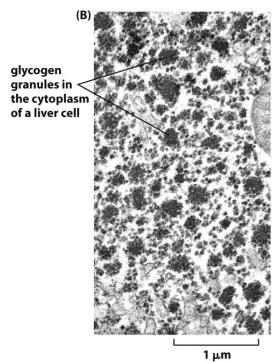
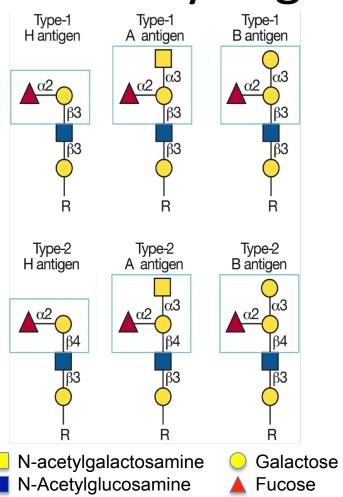


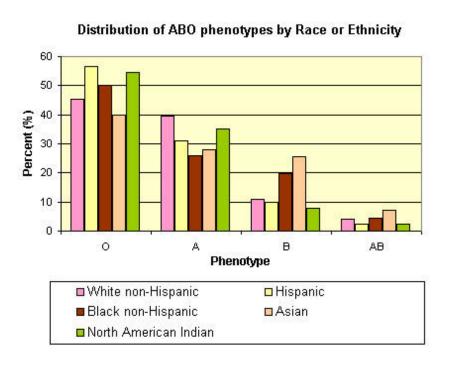
Figure 13-21 Essential Cell Biology

# ABO Blood types defined by sugars

- Blood sugar groups are assembled by enzymes that catalyze specific reactions
- Sugar groups are transferred to outer membrane of RBC
- Our DNA determines which enzymes we have, therefore what sugars get added.
- Sugars recognized by antibodies



# The ABO blood group differ in the kind of sugars on the red blood cell



- The functions of many of the blood group antigens are not known, and if they are missing from the red blood cell membrane, there is no ill effect.
- This suggests that if the blood group antigens used to have a function, e.g., one particular blood group antigen made red blood cells more resistant to invasion from a parasite, it is no longer relevant today.