

Amherst College

First-Year Experience Newsletter


 First-Year Experience

Amherst College

Upcoming FYE Programs

Student Leader Meet and Greet

November 5th • 6:00-7:30pm • O'Connor Commons • 20 points
 Come meet awesome student leaders such as Resident Counselors, Orientation Leaders, Peer Advocates of Sexual Respect, Association of Amherst Students, Peer Career Advisors and Resource Center student staff. You will learn about their leadership positions and how to get involved. Food from Ginger Garden will be provided! The first 40 first-year students to arrive get bubble tea!

Presented by: First Year Experience Team

First-Generation and/or Low-Income First Year Student Luncheon

November 9th • 12:00-1:30pm • Greenway A Event Space
 If you're first gen and/or low-income, join us for the first year first gen and/or low-income student's luncheon! This is an opportunity to connect with others and check in after the first couple months of the semester. Pita Pockets will be served!

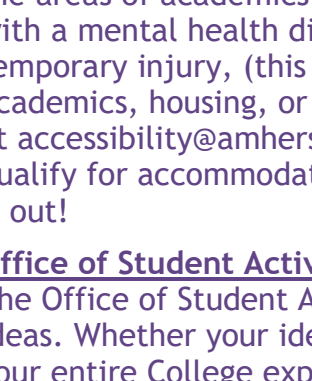
Presented by: The Office of Campus Diversity and Student Leadership

Belonging & Burrito Bowls

November 15th • 6pm • McCaffrey Room • 20 points
 Help us create a greater sense of belonging for first year students by sharing your perspective on the strengths and challenges of the Amherst community and social life. The discussion will be followed by optional participation in a short video project, during which you would share a sentence or two from your own experience that may be of benefit to future first year students. Food from Chipotle will be provided!

Sponsored by: Mental Health Promotion and the Counseling Center

Advice from a current student...



Name:
Lindsay Turner

Pronouns:
she/her/hers

"Get involved!! Even if you're not sure if you'll enjoy a club/sport or whatever it is you're considering joining, it never hurts to at least give it a shot. What do you have to lose? And the same goes for classes. Don't be afraid to try classes in studies different from what you think you like. You'll never know until you try."

Tips and Tricks for Success

Accessibility Services

Accessibility Services provides accommodations for qualified students in the areas of academics, housing and dining. If you have been diagnosed with a mental health diagnosis, a learning disorder, a chronic illness, a temporary injury, (this is not an exhaustive list) and are struggling in academics, housing, or dining, please reach out to Accessibility Services at accessibility@amherst.edu or 413-542-2337. If you don't know if you qualify for accommodations, that's okay, we will work with you to figure it out!

Office of Student Activities

The Office of Student Activities is premised on the foundation of student ideas. Whether your idea is longitudinal and expands over the course of your entire College experience or simply a one-time event, we have resources and funding that can bring your idea to life. For more information on resources and inroads to explore your ideas, please visit the Student Activities page.

Office of Campus Diversity & Student Leadership

The Office of Campus Diversity & Student Leadership (CDSL) supports first-generation, low-income, transfer, veteran, and undocumented/DACA students, and cultivates leadership development opportunities for all students. If you're first gen and/or a transfer student and you're looking for community and opportunities to connect with others and resources, consider joining First Generation Association and/or Transfer Student Association.

Contact Ashley Maitland at firstyearexperience@amherst.edu with any comments, questions or concerns regarding First-Year Experience!