

Amherst College

First-Year Experience Newsletter

Introduction to First-Year Experience

All new Amherst College students are encouraged to participate in First-Year Experience!

Participating in First-Year Experience (FYE) will help you make the most of your first year as part of the exciting and diverse Amherst College community. FYE programs will provide opportunities for you to heighten sense of belonging, enhance academic success, engage with faculty and staff, enrich overall wellness, and create connections to the college community. FYE will introduce you to conversations and resources at the moments during the year when you most need them!

Check out our webpage at www.amherst.edu/campuslife/our-community/first-year-experience

Check us out on The Hub at thehub.amherst.edu/organization/fye

**First-Year
Experience**

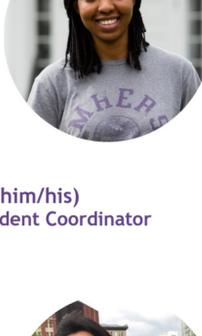
Amherst College



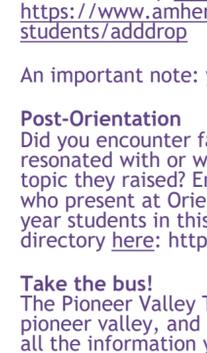
Ashley Maitland (she/her/hers)
Assistant Director of Residential Life
Coordinator of First-Year Experience



Rick Lopez (he/him/his)
Professor of History and Environmental Studies
Dean of New Students



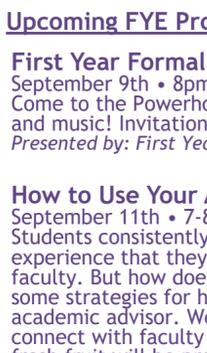
Elliot Vann (he/him/his)
First-Year Experience Student Coordinator
Class of 2019



Simone Hinson (she/her/hers)
First-Year Experience Student Coordinator
Class of 2019



Amos (Zeus) Tuwei (he/him/his)
First-Year Experience Student Coordinator
Class of 2019



Alizeh Shuaib Sethi (she/her/hers)
First-Year Experience Student Coordinator
Class of 2019



Tips and Tricks for Success

What's up with add/drop?

September 14th is the last day of add/drop. You can find information about add/drop [here](#):

<https://www.amherst.edu/academiclife/registrar/quick-links/olr/students/adddrop>

An important note: you cannot drop your First Year Seminar.

Post-Orientation

Did you encounter faculty and staff during orientation with whom you resonated with or who you'd like to seek more conversation about a topic they raised? Email or call them to schedule a meeting. Those who present at Orientation are DELIGHTED to be contacted by first year students in this way! Find information for faculty/staff in the directory [here](https://directory.amherst.edu/): <https://directory.amherst.edu/>

Take the bus!

The Pioneer Valley Transit Authority is a great way to get around the pioneer valley, and it's free for Amherst College students! Check out all the information you need at www.pvta.com

Upcoming FYE Programs

First Year Formal

September 9th • 8pm-10pm • Powerhouse • 20 points

Come to the Powerhouse for a night of fun with a photo booth, food and music! Invitations can be found in your campus mailbox!

Presented by: First Year Experience Team

How to Use Your Advisor

September 11th • 7-8pm • Friedmann Room • 20 points

Students consistently report that the aspect of their Amherst experience that they most value is the relationship they build with the faculty. But how does one build these relationships? We will review some strategies for having productive conversations with your academic advisor. We also will discuss strategies that will help you connect with faculty other than your academic advisor. Cookies and fresh fruit will be provided! The first 15 people to arrive get a \$10 Amherst Share Coffee gift card!

Presented by: Dean Lopez, Professor of History and Dean of New Students, and a few Senior students

Start Off on the Right Track: Time Management Workshop

September 26th • 5:30-7:00pm • Friedmann Room • 20 points

This workshop will explore with student's strategies on how to meet the many demands of being a student at Amherst College. Time management strategies will be shared through individual and group discussions. The goal of the workshop is to help students explore ways to be socially and academically successful. Date books will be available, but students are also encouraged to bring with them the tools they use to help them meet their personal goals and deadlines. Pizza will be provided. The first 25 people to arrive get a planner!

Facilitators:

Kristen Brookes, Senior Writing Associate, Writing Center

Charri Boykin-East, Senior Associate Dean of Students

More Details

Contact Ashley Maitland at firstyearexperience@amherst.edu with any comments, questions or concerns regarding First-Year Experience!