Breaking down my goals, here's how I will use my time tonight:	My overall goal for the Write-in:
8:00	What will motivate me» » »
8:30	
9:00	My rules for writing tonight:
9:30	

Breaking down my goals, here's how I will use my time today:	My overall goal for the Write-in:
1:00	What will motivate me» » »
1:30	
2:00	My rules for writing today:
2:30	